Kimberly Cohn, MA, MFT, RDT-BCT

Marriage Family Therapist, Registered Drama Therapist- Board Certified Trainer

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Curriculum Vitae

EDUCATION

M.A. Counseling Psychology, Drama Therapy California Institute of Integral Studies, San Francisco, CA.

Dean's List

Thesis, Capstone Performance: *Waiter Dreams...!* Playwright, director, choreographer and solo performer embodying a psychology of the restaurant industry via DSM assessment, diagnosis and treatment best practices as integrated framework for portraying multiple characters.

A.A. Linguistics, American Sign Language Vista College (now Berkeley City College) Berkeley, CA.

Phi Theta Kappa

Fieldwork: Berkeley Repertory Theatre, Student Interpreter of American Sign Language for BRT School Performance Program; American Conservatory Theatre/Studio ACT, Deaf Actor Training Program. Completed acting classes as the only hearing/ASL signing student in class for the Deaf.

B.A. Lyric Theatre

San Francisco State University, SF, CA.

Graduate Cum Laude

Graduation Performance: Cohn, Kimberly, *Back on Broadway*: A one-vamp cabaret show. Authored, produced and performed live (with piano), Enrico's Sidewalk Café, Broadway, SF, CA

CLINICAL PRIVATE PRACTICE

Licensed Marriage, Family Therapist #46208 (2008) Psychotherapy private practice **Registered Drama Therapist #313 (2005)** Developmental drama therapy/CBT/Embodied arts

Board Certified Trainer #70 (2009) Graduate level lecturer drama therapy, Corporate Trainer

Certified Developmental Transformations Therapist #13 (2010) Clinician, Trainer, Facilitator

Certified Psychedelic Therapist/Researcher (2023) California Institute Integral Studies, MAPS

CLINICAL WORK/COMMUNITY MENTAL HEALTH

Mental Health Consultant, Albany Unified School District (2022-2023)

On-site clinician for emergency mental health evaluations/MSE for 5150/Crisis Management; Weekly, individual caseload of 20 clients; Treatment team for IEP/SST; Created and facilitated weekly CBT/Arts-based mental health skills development group at Albany High School.

PO Box 7793, Berkeley, CA 94707

References Upon Request

Pierce Street Integral Counseling Center, Director, CIIS (2021-2022) California Institute of Integral Studies

Clinical Director during COVID transition, accountable for all aspects of community mental health services at practicum training clinic. CA BBS supervisory duties for MFT Associate/Trainees and LPCC's included:

- Individual/group supervision and training in MSE/ assessment, diagnosis, treatment and crisis
 intervention for community members with a broad range of mental health needs; Clinical
 documentation and procedures including hot-line phone screening/intake/assessment, treatment
 planning/treatment, case and termination summaries in accordance with CA state BBS laws,
 ethical regulations and university/community standards.
- Assigned cases to appropriate staff for outpatient psychotherapy of individuals, couples, families.
- Cross-functional collaboration with treating physicians, psychiatric and allied health professionals and family members, with referrals to community-based psychoeducation classes and groups.

Felton Institute, Director, Deaf Community Counseling Services, Bay Area (2020-2021) San Francisco Dept. of Public Health

Clinical Director for 3 bay area offices and remote Telehealth mental health services during initial COVID response. Facilitated managerial, clinical, and fiduciary oversight to 4 direct reports (2 Deaf, using ASL, 2 ASL fluent hearing staff) providing culturally-linguistically appropriate, evidence-based trauma psychotherapy for Kaiser members and other mental health/rehab services including Medi-Cal, Victims of Crime, Family Court and private pay. English and ASL fluency.

- Individual/group supervision in ASL and English with training in MSE/ assessment, diagnosis, treatment and crisis intervention for a broad range of mental health needs.
- Clinical documentation and procedures including phone and Video Relay Service screening, intake/assessment, treatment planning/treatment, case and termination summaries in accordance with CA state BBS regulations.
- Assigned cases to appropriate staff for outpatient psychotherapy of individuals, couples, families.

Family Paths, Inc., Oakland, CA 2006-2020 (3 progressive roles)

Head of Development; Victims of Crime Services Coordinator/Trauma Clinician; Staff Trainer Media Representative, Public Speaking:

<u>Subject Matter Expert, 2019, KTVU interview, PTSD/Critical Incidents in Schools Agency Spokesperson: We are Here for This Community, Vimeo</u>

Trauma Clinician/ Treatment Specialist: Families in Transition Program 2006-2008 Trauma Therapist/Clinical Case Manager for multi-stressed children in foster care system, their families and caregivers.

- Provided inclusive, therapeutic wrap-around services: Intake/assessment, treatment planning/ treatment and termination planning for foster children via Medi-Cal/EPSDT, (Early Periodic Screening, Diagnosis, Testing) for in-home, school and community based services.
- Collaborated via treatment team with social workers, psychiatrists, school personnel/SST

Victims of Crime Coordinator (VOC), Trauma Clinician/Staff Trainer 2009-2015

Operationalized re-structure of Victims of Crime Trauma Treatment Services in collaboration with Alameda Co. DA/Victim Witness Division; CA. Victim Compensation Fund; US Dept. of Justice

- Developed, implemented, coordinated and evaluated clinical treatment programs for VOC qualifying diagnoses, treatments and/or referral out to community partners; Provided direct service, clinical assessment, diagnosis, treatment, documentation and termination planning.
- Risk management; QA implementation for Clinical Documentation, Billing oversight/ HIPAA;
 Established infrastructure set-up, program development, community outreach/marketing, safety education programs.
- Trauma-Informed Drama Therapy/Expressive Arts Clinical Supervisor, CA. BBS-approved.
- Staff Trainer, SITCAP brief therapy model <u>(Structured Sensory Interventions for Traumatized Children Adults and Parents)</u>
- Five-fold increase in clients served and revenues generated first 4 years (100+ clients served from 200 referrals VS 19 clients served in same program over prior 10 years).

Head of Development: Strategic Partnerships/Outreach/Org. Development **2013–2020** Increased visibility and revenues, brokering corporate partnerships and community collaboration

- Producer of annual "Women's Leadership Luncheon" gala event including curating Keynote speakers:
 Denise Bradley-Tyson, former SF Film Commissioner/entrepreneur, "Top Chef" Tanya Holland/BSK,
 Twitter's Janet Van Huysse and other local women influencers.
- BART Partnership (Bay Area Rapid Transit): Invited by BART Director to address BART Board as Subject Matter Expert on community trauma:
- Provided training and resources for trauma prevention (2016)
- BART Toy Drive Honoree Recipient of over 600 toys for agency clients (2018)
- Fiscally responsible for Dept. budgeting, multiple revenue streams, grants management
- Staff Trainer, creator/facilitator of "Philanthropy 101", Development Education series
- Agency representative: Oakland Rotary, Oakland Chamber of Commerce

SOAR for Youth Academy at UC Berkeley

Foster Youth College Prep Coach/Workshop Facilitator

Created interactive leadership training with original content via drama therapy/expressive arts curriculum for foster youth college prep academy. UC Berkeley, **Annually since 2010**

Bonita House Inc., Berkeley, CA

Dual Diagnosis Residential Treatment Counselor, MFT Intern/RDT

Drama Therapy Pre-practicum site Supervisor of CIIS PDT graduate students. Provided individual and group drama therapy, milieu recovery treatment for Developmentally Delayed adults, others with co-occurring conditions, SUD's; Maintained HIPAA, patient charts, CA BBS documentation, QA reports. **2005-2007**

Bay Area Children First, SF, Berkeley CA

Private practice MFT Internship: Foster youth, Victims of Crime, supervised by Susan Regan, MFT; Created, facilitated "New Beginnings" weekly drama/arts-based therapy group for new teen moms and their babies in residential group home placement. **2003-2005 Bay Area Children First** MFT Intern-Employee of the Year, **2003**

North Berkeley Counseling Center, Berkeley, CA MFT Intern/Drama Therapist in supervised private practice

Clinician for Medi-Cal, Victim Witness/VOC and private-pay clients. Facilitated weekly women's support group. Provided community outreach, Parent Education trainings. **2003-2004**

California Pacific Medical Center, SF, CA

Paid hospital staff in Skilled Nursing Facility; DvT Drama Therapy Clinical Intern in Swindell's Center for Alzheimer's Care. Supervisor: Rob Sarison, MFT/RDT. **2001-2003**

Telecare Gladman Hospital, Oakland, CA

Drama Therapy Pre-Practicum/Clinical Trainee, observed RDT in post-acute residential psychiatric setting, Medi-Cal funding. Supervisor: Rachel Lecitra, MFT/RDT. **2001**

California School for the Deaf, Fremont, CA

Counselor, American Sign Language; Early Childhood Ed. and Transportation/Safety Dept. 1997-1999

ACADEMIC INSTRUCTION, BBS/NADTA Approved CLINICAL SUPERVISION

JFK/National University, Graduate School of Psychology, Pleasant Hill, CA Invited Lecturer 2007-2017

Quarterly course in drama therapy for MA. Child Therapy and PsyD. Integrated

Seminar Curriculum using drama therapy and expressive arts methods with didactic CBT-based experiential case presentations of clinical casework, trauma treatment with children and families.

California Institute of Integral Studies, Graduate School of Psychology SF, CA Invited Lecturer, Annual Summer Intensive Course 2003-2009

Special Methods in Drama Therapy, Developmental Transformations,"DvT 1 and 2". Presented DvT with CBT/DBT and other theories of psychology via didactic lecture, DvT individual/group experiential and clinical case presentations.

• Self-Revelatory Performance Director/Consultant, Choreographer 2000-2015 CIIS/PDT, Masters Thesis/Capstone final projects

Institute for the Arts in Psychotherapy/Developmental Transformations-West 2001-2011

Alta Bates, Herrick Hospital, Berkeley, CA. Graduate, IDvT-West, 2011 (First woman IDvT-West graduate)

• Faculty/Seminar Instructor 2006-2011

Created syllabus, curated readings, facilitated discussion of DvT Level One seminar for post-graduate students in didactic and experiential "didactive" format. T-Group leader.

• IDvT-West Training Therapist 2006-2017

Provided individual psychotherapy, DvT mentoring to graduate students in private practice.

• IDvT-West Group Supervisor/Trainer, 2007-2014

Facilitated group supervision for graduate students.

Family Paths, Inc., Oakland, CA.

Clinical Supervisor/Trainer, 2011-2015

Provided individual drama therapy and CBT-based clinical supervision/BBS certified Created/facilitated All-Staff Trainings, Grand Rounds, Continuing Education seminars in Drama Therapy and Expressive Arts with CBT-informed and evidence-based clinical modalities.

Marin Aids Project, San Rafael, CA

Group Supervisor 2010-2011 Interim Group Supervisor for clinical interns and trainees.

Bonita House, Inc., Berkeley, CA

Clinical Supervisor/Trainer, 2005-2006

Established Drama Therapy Pre-Practicum program; Supervised graduate student-trainees in clinical drama therapy groups/milieu therapy field work, post-acute psychiatric residential setting.

LEADERSHIP CERTIFICATIONS

<u>Leadership Oakland, Class of 2020</u>, Oakland Chamber of Commerce

Certificate of Graduation, 2020

Executive Coaching Institute, Haas School of Business, UC Berkeley,

Leadership Day-long Training, 2019

Facilitative Leadership: Certified Practitioner/Learning Leader Interaction Associates, Corporate Consulting, SF/Berkeley, CA.

Certificate in Facilitative Leadership, *Training-for-Trainers* Contract Consultant, Executive Coaching, **2018**

Developmental Transformations: Certified Practitioner/Facilitator Institutes for Arts in Psychotherapy, NYC/Berkeley, CA.

Certificate in Developmental Transformations, developmental psychology/drama-improv based methods for Individual and Organizational Psychology, Coaching, Clinical Private Practice, **2011**

LEARNING AND DEVELOPMENT/EXECUTIVE COACHING/CONSULTING

Interaction Associates, **Corporate Consulting**, SF Bay Area

Learning and Development Contract Consultant, May 2018-Oct. 2018

Adult Learning Leader: Co-facilitated IA corporate trainings in *Facilitative Leadership* and *Inclusive Team Dynamics*

- Certified in Facilitative Leadership, Training-for-Trainers
- Creative consultant to IA on innovative approaches, engagement strategy for L and D in-person, Virtual Instructor Lead Training/Blended Learning Journeys (VILT /BLJ platforms)

The Paradoxical Playspace, "PPS" Consulting, Custom Trainings SF Bay Area 2010-2020 Leadership/Professional Development for Workplace Crisis Management/Psychological Safety Curriculum Development/Trainer/Facilitator in high-stress work environments for traumatic stress reduction, risk management, proactive solutions and creativity enhancement using PPS model with corporate and non-profit clients including:

Executive teams at Twitter, Cloud Flare, The Greater Good Science Center at UC Berkeley, Google/Wisdom 2.0; BART

NPO's: Americorps/ Superstars Literacy, SOAR for Youth Academy, UC Berkeley, Family Paths, Inc., Salvation Army, Alameda Co., Felton Institute, SF/Alameda

Crisis Management/Critical Incident Consultant: Cloudflare SF:Trust and Safety teams for PTSD exposure, 2019-2020; HR critical incident trainer/grief counselor during unexpected loss of employee, 2018. Ashkenaz Music and Dance Center, Berkeley: Trauma Consultant to Board of Directors and Staff following armed robbery, shooting during live concert, 2013.

LIFELONG LEARNING: PROFESSIONAL DEVELOPMENT, ADVANCED TRAINING

Multicultural Org. Development: Cultural Acuity/Humility/DEI Competence/Mindfulness Attend multiple professional development trainings annually under Title IV-E for Foster Care and Adoption Assistance via the Las Positas College, and BBS/ NADTA CEU's including:

- NADTA/CHEDC/ NYU Disability Justice Affinity Group, Nov. 2020, Feb. 2021 **2020-present**
- <u>Trauma Transformed Certification</u>, Daylong intensives. Facilitate T2 management style with direct reports and cross-functional staff, teams, board and volunteers. **2017-2020**
- Applied Mindfulness Certification, 3-part training with Gabriel Kram. 2015-2020
- Completed daylong Equity and Diversity training with Lee Mun Wah, January 2020
- DSM-5 and other clinical trainings with Dr. Suzanne Wertheim, Dr. Barbara Stroud, Lauren Mayeno, Tequilla Washington, Natalie Thoresen including "SOGIE-gender identity" with various socio-economic/social location-intersectionalities including African American, Latino, Hispanic, Asian, Bi-Racial, Foster/TAY, LGBTQ, Autism Spectrum, Bullied and other populations. 2006-2020

Greater Good Science Center, UC Berkeley, *GGSC Online Institute for Health Professionals,* **2020** GGSC Member Meet Ups, Co-creator/Facilitator **2012-2013**

1440. Multiversity, Scott's Valley, CA. CEU Workshops

- Psychology of Relationships, John and Julie Gottman, March 2019
- Intuitive Leadership Development, Matt Khan, January 2019
- Psychology of Self, Alanis Morrisette, Justin Hilton, March 2018

Esalen, Big Sur, CA: A Time to Reflect Retreat, July 2018, August 2022, August 2023

Compass Point, Oakland, CA. *Diversity, Equity, Inclusion for Organizational Development; NPO Board Development, Management, Fundraising/Finance workshops,* **2013-2019**

Wisdom 2.0/Google, Workshop Presenter: The Paradoxical Playspace, Mountain View, CA. 2012

Structured Sensory Interventions for Trauma Treatment, TLC Center, San Antonio, Texas. Certificate, Expressive Arts Brief Therapy, **2011**

"New Frontiers in Trauma Treatment" B. van der Kolk, 2-day seminar, San Francisco, 2011 Allan Schore Case consultation for neuropsychology study group. Family Paths, Inc. 2007-2008

PUBLICATIONS

Cohn, Kimberly (2015) *The Dedicated Clinician and The Ethics of Care.* Behind the Scenes, NADTA, April, 2015

Cohn Wilks, Kim (2011) *The Paradoxical Playspace*: The Intersection of Boundaries and Liminal Concepts in DvT Drama Therapy. Dramascope, Vol. 32, No.1.

Cohn Wilks, Kim (2005). *Breaking Ground in Private Practice: Reflections and Strategies Toward an Abundant Career.* Cover article for employment issue. Dramascope, Winter 2005.

Cohn Wilks, Kim (2005). *Notes from the Program Chair*. Article on the practical and creative process of conference development and curating program content. Dramascope, Summer 2005.

SPECIAL SKILLS

- Trained in Trauma Transformed/TIS; Motivational Interviewing; Non-Violent Communication (NVC); Collaborative Practice for Conflict Resolution and Team Building
- Electronic Health Record Systems, CRM: e-Tapestry/Blackbaud Merchant Services
- Bilingual in American Sign Language/English
- Custom Presentations: Mac Keynote, MS Outlook suite
- Coaching for Performance, Improvisational Theatre, Public Speaking
- Non-profit Executive Team leader in Multi-cultural Organizational Development with over 1,000 hours group facilitation for clinical skill building, change management, DEI
- Strong writing skills: technical writing, compelling storytelling, business communications
- Highly skilled embodied presenter/forward-facing facilitator who inspires collaboration

BOARD SERVICE. PROFESSIONAL MEMBERSHIPS

North American Drama Therapy Association (NADTA, Formerly NADT), 2000-present

2010-2021 NADTA Ethics Committee member; BOD, Ethics Chair 2014-2016

2011 NADT Conference Committee: Poster Session Coordinator

2011 NADT Board of Directors, Board Nomination Committee

2005 NADT Conference Program Chair

2001-2003 NADT Nor Cal Vice President

California Association of Marriage, Family Therapists (CAMFT)

2001-Present CAMFT Member in good standing

Oakland Rotary Club 2014-2022

ORC Board of Directors, 2021; Community Service Committee, 2013-2020, Co-Chair, 2016-2018; Student Mentor, Enterprise Institute 2015-2018

Oakland Chamber of Commerce, 2016-2020

Non-Profit Roundtable; Community Impact Committee

The Consortium of Oakland Providers (The Co-OP at Family Paths) 2013-2015

Founder, Director. Created the FREE Holiday Market and Community Resource Fair in Collaboration with corporate partner, Siemens Healthcare Diagnostics and Holy Names University, serving 120 Oakland residents with free, new or gently used clothing, home items, school supplies.

ORIGINAL PRESENTATIONS/TRAUMA INFORMED TRAINING for STAFF DEVELOPMENT

Cohn, Kimberly (2023) "Somatic and Embodied Arts: Trauma Informed Practices for SEL" Custom, interactive training using trauma-informed, somatic therapies/Expressive Arts curriculum at AHS/AMS, for Albany Unified School District (AUSD) mental health staff and interns.

Cohn, Kimberly (2023) "Arriving Voice and Body in-person, 'post pandemic' " UC Berkeley, SOAR for Youth Summer Academy

Custom, interactive, youth leadership training using trauma-informed, somatic therapies/Expressive Arts curriculum for foster youth college prep program.

Cohn, Kimberly (2022) "Somatics, Embodiment and the art of play as Trauma Informed SEL" "Age-appropriate play therapy methods/experiential training using trauma-informed, Drama/Play therapy curriculum for AUSD Elementary mental health staff and interns.

Cohn, Kimberly (2022) "*Praxis makes perfekt*: The role of pedagogy, paradox and play within constraints and imperfect working conditions in pandemic times". Professional Development series for AUSD teachers.

Cohn, Kimberly (2022) "AHS Staff Stress-Less Playshop" Professional Development series for AUSD.

Cohn, Kimberly (2021) "Creative Therapies with the Deaf using ASL via Telehealth" Didactic training in ASL with English interpretation for clinicians working with deaf clients during the pandemic. Special considerations for working virtually in a visual realm using creative/Expressive Arts methods. San Francisco Dept. Public Health/Felton Institute.

Cohn, Kimberly (2020) "Adapting Best Practices from EXA's/Embodied Methods to Telehealth" "COVID-Retreat-style" online workshop for community mental health workers to learn basic drama therapy, expressive arts and mindfulness methods experientially, through didactive, virtual approaches with supplemental reading and follow up materials.

Cohn, Kimberly (2020) "Arriving Voice and Body Online" Embodied leadership training via Zoom for foster youth college prep program, UC Berkeley, SOAR for Youth Summer Academy.

Cohn, Kimberly (2019, 2020) "Creative Methods for Stress Inoculation from Toxic Online Content" Customized staff training for Cloud Flare, international tech company. Live, classroom style workshop at SF HQ, with video segments for continuous learning, international offices.

Cohn, Kimberly (2019) "Arriving Voice and Body"

Creator/Facilitator, Interactive leadership training using Expressive Arts curriculum for foster youth college prep at UC Berkeley, SOAR for Youth Winter Academy (Annually since 2010).

Cohn, Kimberly (2018) Creator/Facilitator of Structured Networking for Business Marketing Oakland Rotary Business Forum, quarterly.

Cohn, Kimberly (2018) Staff Development Consultant to Cloudflare, SF/HR dept for staff morale/grief counseling during unexpected loss of employee.

Cohn, Kimberly (2017) "Business Development and Creativity Enhancement using American Sign Language" Mentor to Artists in Residence, Zoolabs Recording Studio/Music Incubator, Oakland, CA

Cohn, Kimberly (2017) "Lifelong Learners at Play: The Paradoxical Playspace as Trauma Informed Practice for Teachers". All-staff training for Ameri-Corps at Superstars Literacy, Oakland, CA

Cohn, Kimberly (Annually 2009-2016) "Artful approaches with Structured Sensory Interventions for Victims of Crime PTSD Treatment". Customized all-staff training, Family Paths, Inc. Oakland, CA

Cohn, Kimberly (Annually 2009-2015) "*Drama and Expressive Arts for Treatment, Intervention and Prevention*". Team training for treating PTSD, Family Paths, Inc. Oakland, CA

Cohn, Kimberly (2014) Created and facilitated Ethics Workshop using Drama/EXA's at the North American Drama Therapy Association Board Meeting. NYU, NY

Cohn, Kimberly (2013) "Harnessing Creativity, Fostering Grit: A Paradoxical Approach for Educators" UC Berkeley, Greater Good Science Center Executive Team training implementing GGSC research and principles through inter-active, embodied processes with practice group using The Paradoxical Playspace model. Berkeley, CA

Cohn, Kimberly (Annually 2008-2013) "The Paradoxical Playspace: Drama/ Expressive Arts in Child Therapy". Didactic presentation with experiential methods, presented twice a year as guest lecturer, JFK University, Graduate School of Psychology, Pleasant Hill, CA

Cohn, Kimberly (2012) "The Paradoxical Playspace at W2.0" workshop presented on the Google lawn, at Wisdom 2.0 Summit's Un-Conference, Mountain View, CA

Cohn, Kimberly (2011) "Thriving in the Paradoxical Playspace at Work: Beyond Stress Inoculation", Panelist, The Business of Drama Therapy (Savage, M. et.al.) at the 32nd Annual Conference of The National Association for Drama Therapy, San Francisco, CA

Cohn, Kimberly (2011) "Managing Vicarious Trauma for Foster Youth Providers: Entering the Paradoxical Playspace for Post-Traumatic Growth" Didactic and Experiential presentation to agency staff of Family Paths, Inc. Oakland, CA

Cohn, Kimberly (2011) "Entering the Paradoxical Playspace for Treatment of PTSD" Institute for Arts in Psychotherapy, DvT Program Training. Alta Bates/Herrick, Berkeley, CA

Cohn, Kimberly (2010) "The Paradoxical Playspace: The Intersection of Boundaries and Liminal Concepts in DvT Drama Therapy". Poster session with original graphics and interpretive text presented at the 31st Annual Conference of the National Association for Drama Therapy, Chicago, IL

Cohn, Kimberly (2008) Grand Rounds Training in Dramatic Play Therapy: "*Drama Therapy as an Embodied Encounter in the Playspace.*" Didactic, Experiential presentation for Family Paths Agency all-staff Grand Rounds, Oakland, CA

Cohn, Kimberly (2007) "DvT Drama Therapy with Children and Siblings as a PTSD Best Practice". Part-two of two-part seminar including follow-up case presentation with didactic, experiential components for FIT Team clinicians, Family Paths, Hayward, CA

Cohn, Kimberly (2006). Facilitated drama-based team building training for Alameda County Behavioral Health Care Systems, Management Development Team's "M Team", Oakland, CA

Cohn, Kimberly (2005). "Bridges to Employment: Translating Creative Arts Therapy into Sound Clinical Practice." Workshop presented at the National Association for Drama Therapy's 2005 conference, Bridges for Healing: Drama Therapy to Inspire, Support and Guide. Reed College, Portland, OR

Cohn, Kimberly (2004). "The Cross-Pollination Sessions." Facilitated an embodied experiential workshop created for the Second Conference of the Institute for Developmental Transformations, presented at The Institute for Arts in Psychotherapy, NYC